## 2019 Tri-State Track Coaches Association

California University
Roadman Park/Adamson Stadium
170 California Road Brownsville, PA 15417

Event: 2019 T.S.T.C.A. Cross-Country Championship @ California University of Pennsylvania

The Tri-State Track Coaches Association will hold the 2019 Cross-Country Championship Meet on Thursday, October 17, 2019 at California University of PA. In keeping with the format used at the WPIAL Cross Country Championship, we will be running a series of races based on school classification. The course will be walked at 12:15 p.m. The order of the races will be:

- Men's AAA
- Women's AAA
- JV Race for all classes (about 2:10-2:30 start time)
- Mens AA/A
- Women's AA/A
- We will use a rolling schedule for all the following races with a maximum time allotment for each race of 45 minutes.
- The Junior Varsity Race (about 2:30) will be for all classifications and will be run after the AAA Women's Race.
  - The JV Race may be run together or split into a Men's and Women's Division -this decision will be based on the number of entries in the JV race and the time needed to complete the race and each coach registering their team will be notified by e-mail regarding this decision.

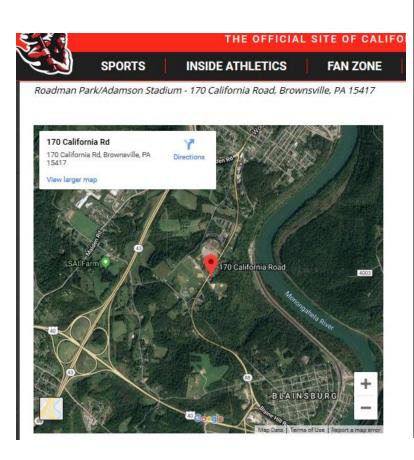
Each team is permitted to run up to ten (10) individuals in each Varsity Races and a maximum of 30 males and 30 females in the JV Race.

### Awards for this year will be same as in past years:

- Top ten (10) Male and Female Varsity finishers in all classifications trophies
- Finishers 11 20 (10) Male and Female Varsity finishers in all classifications medals
- Ribbons to the top twenty-five (25) Junior Varsity finishers
- Team trophies for First and Second Place Men's and Women's Teams in all classifications

This year we will be selling long sleeve souvenir t-shirts at the meet. The cost will be \$20.00.

For additional information regarding directions, parking or the course, please go the California University Cross Country website.



### **Girls AAA**

#### 11 Entries

Amanda Anticole Avery Anzelone Bailey Benedict Hunter Conn Katherine Dansak Brianna Hatok Aubree Jones Morgan Pesi Sophie Piccini Layla Robertson Rachel Soltez

# **Boys AAA: 18 Entries**

Isaac Anticole Harrison Barnett Andres Breauchy Nicholas Cormas Colin Denny Micah Gaydos Oliver Hinson Gavin Hladek Antonio Lio Zachary Moffatt Zack Nafaa Anderson Schuller Cullen Shipley **Daniel Smith** Phillip Sullivan Giovanni Wills Dylan Yutzy George Zula

