



Championship Team Lineup

Norwin Cross Country 2016

Friday Oct. 14, 2016
NO PRACTICE.

Saturday Oct. 15, 2016

Parade in Irwin. Float #40. ALL SHOULD BE THERE by 10:00 am. Get there early if decorating.

Sunday Oct. 16, 2016

Practice @ high school track at 4:30 pm. Be stretched and ready to run by 4:35.

Monday Oct. 17, 2016

UNIFORM COLLECTION for all runners not in top 14 (attached) DURING HOMEROOM.

Monday Oct. 24, 2016

JV Championship

3:30 PM

[Mingo Park](#)

JV Championship

Thursday, Oct 27, 2016

WPIAL Playoffs

2:15PM

[Coopers Lake](#)

WPIAL Championships

Saturday, Nov 5, 2016

PIAA Playoffs

[Hershey Park](#)

Boys 2016 Norwin XC Playoff Rosters

JV Championship Roster@ Mingo Park:

Chris Hinson
Harrison Barnett
Josh Coleman
Nash Youngbauer
Harry Beck
Andrew Smeltzer
Zachary Diperna

Varsity WPIAL Roster @ SRU

Matt O' Neill
Carson Shipley
Garrett Pesi
Ty Tinley
Eli Olson
Nick Coleman
Nick Shavell

Girls 2016 Norwin XC Playoff Rosters

JV Championship Roster@ Mingo Park:

Jessica Gibson
Tabby Reed
Fiona Cuthbert
Katie Plassio
Emily Moretton
Tessa Czajkowski
Madison Pesi

Varsity WPIAL Roster @ SRU:

Courtney Kosanovic
Caitlin Kosanovic
Laurel Noe
Leah Vorce
Kelley Giles
Allison Plassio
Rachel Soltez

JV Championship @ Mingo Park: Boys Race @ 3:30 and Girls Race @ 4:00

- This is FIRST TIME we ever went here. Point is to develop the depth of the program from top to bottom.
- Awards for TOP 20 individuals and I will be scoring top teams.
- We will compete the **top 7 JV runners for each gender**. We will decide the varsity and JV runners after County.
 - Please respect our decisions on our roster choice for WPIALs and JV Championship. Please be supportive of your son or daughter and our coaching decisions. We will run our BEST runners on that day at WPIAL Championships. We ask that both parents and runners support the Norwin XC Family.
 - We will put our BEST team on the line for WPIAL Championships. Unfortunately, someone who may have been varsity all year may not run because someone has passed them late in the season, overcame injury, or gives the team its best shot to compete.
 - Remember the athletic hierarchy: (1) Program (2) Team (3) Individual

WPIAL Championships: Time Schedule: AAA Girls @ 2:15 pm, AAA Boys @ 4:30 pm

- At Cooper’s Lake Campground near Slippery Rock
- **Top 7 boys and girls will compete.** We may only compete 7.
- This is the **MOST IMPORTANT meet of the year**. This is the meet you have been training for all summer, season, etc. This meet determines the state qualifiers
- Qualifying for PIAA meet @ Hershey:
 - **For TEAMS to qualify**, must finish in top 3. For **INDIVIDUALS to qualify**, must be in the top 15 “non-qualifying team individuals” to qualify.

PIAA Championships @ Hershey:

- This is the ULTIMATE goal of the team and individual season—to qualify for the state meet.
- Once again, the top 3 Teams and the top 15 individuals from non-qualifying teams advance.
- Below is a image from the NorwinXC web page (<http://www.norwinxc.com/results.html>) which displays the WPIAL finishers and PIAA finishers for the past 30 years or so:

Year (gender)	WPIAL Finishers	PIAA Finishers
2012 (male)	(Team 23 rd) B.Morretton-37 th , T.Laughery-121, C.Brough-141 st , B.Wagner-161 st , A.Bradley-174 th , T.Quealy-178 th , C.Huss-184 th	
2012 (female)	(Team 19 th) A.Pristas-61 st , H.Rusinko-83 rd , C.Grudowski-92 nd , J.Rosso-125 th , R.Rohac-141 st , R.Peters-149 th , L.Aley-157 th	
(2013 male)	(Team = 19 th) Brough-60 th , Laughery-67 th , Folgate-93 rd , Quealy-127 th , Huss-148 th , Dunn-160 th , Bradley-180 th	
(2013 female)	(Team = 8 th) Giles-18 th , Peters-38 th , Rohac-66 th , Vorce-80 th , Grudowski-99 th , Hutchinson-100 th , Josselyn-114 th	Giles-45 th
(2014 male)	(Team = 17 th) T.Laughery-32 nd , D.Colcombe-65 th , T.Quealy-100, N.Lee-113, C.Shipley-133, J.Vargo-145 th , J.P.Hite-166 th	
(2014 female)	(Team = 8 th) K.Giles-33 rd , K.Soltez-60 th , L.Noë-61 st , T.Reed-64 th , M.Whalen-92 nd , C.Grudowski-115 th , R.Fasiczka-125 th	
(2015 male)	(Team = 7 th) T. Laughery-10 th , D.Colcombe-39 th , C.Shipley-56 th , T.Tinley-83 rd , G.Pesi-85 th , J.Vargo-94 th	T.Laughery-70 th
(2015 female)	(Team = 6 th) Court.Kosanovic-21 st , K.Giles-44 th , L.Noë-49 th , Cait.Kosanovic-56 th , L.Vorce-72 nd , J.Gibson-85 th	Court. Kosanovic-151 st