



Championship Season

Norwin Cross Country 2023

Championship Meet Schedule

Wednesday, Oct. 11, 2023

Westmoreland County Meet Championships ([LINK](#))

County Championship	Boys Varsity (top 7) 3:00 pm	@ WCCC Campus	County Championships
	Girls Varsity (top 7) 3:40 pm		
	Combined JV 4:20 pm		
	AWARDS 5:00 pm		

*****\$5.00 donation to park. You can donate more. Money to be used for County Coaches Scholarship fund*****

Monday Oct. 16, 2023

JV Twilight Showcase JV ONLY ([LINK](#))

JV Championship	Girls JV 4:15 pm	@ Seneca Valley HS	JV Championships
	Boys JV 4:45 pm		
	Open JV Race 5:35 pm		

Thursday Oct. 26, 2023

WPIAL Championship ([LINK](#)) **VARSITY ONLY**

District 7 Championship Meet	Top 7 Varsity Girls 11:00 am	@ White Oak Park	District Championship
	Top 7 Varsity Boys 11:45 am		

***top 3 teams and top 15 individuals qualify for states for girls.....top 2 teams and top 10 individuals qualify for boys*

Saturday Nov. 4, 2023

PIAA Championship ([LINK](#)) ***must qualify***

State Championship Meet	(must qualify @ WPIAL)	@ Hershey Park	State Championship
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JV Twilight Showcase Championship @ Seneca Valley HS:

- GOAL of meet to highlight JV Championship end season and prepare varsity for WPIAL Championship next week
- Approximately the Top 7-10 JV Runners will compete. Selection based upon performance. Championship race ONLY top 7 boys or girls.
- We will compete the **top 10 or so JV runners for each gender**. Decisions made after County Championship.
 - Please respect our decisions on our roster choice for WPIALs and JV Championship. Please be supportive of your son or daughter and our coaching decisions. We will run our BEST runners on that day at WPIAL Championships. We ask that both parents and runners support the Norwin XC Family.
 - We will put our BEST team on the line for WPIAL Championships. Unfortunately, someone who may have been varsity all year may not run because someone has passed them late in the season, overcame injury, or gives the team its best shot to compete.
 - Remember the athletic hierarchy: (1) Program (2) Team (3) Individual

WPIAL Championships: @ White Oak Park

- **Top 7 boys and girls will compete.** We may only compete 7 with 1 alternate
- This is the **MOST IMPORTANT meet of the year.** This is the meet you have been training for all summer, season, etc. This meet determines the state qualifiers
- Qualifying for PIAA meet @ Hershey:
 - **For GIRLS TEAMS to qualify,** must finish as top 3 team. For **INDIVIDUALS to qualify,** must be in the top 15 of “non-qualifying team individuals” to qualify.
 - **For BOYS TEAMS to qualify,** must finish as top 2 team. For **INDIVIDUALS to qualify,** must be in the top 10 of “non-qualifying team individuals” to qualify

PIAA Championships @ Hershey:

- This is the **ULTIMATE** goal of the team and individual season—to qualify for the state meet.

Championship Rosters for TSTCA & WPIAL

These lineups are NOT set in stone and WPIAL Line UP can change depending on performance at County Meet, TSTCA Championship, practices, injuries, illness, etc. We will let runners know FINAL WPIAL ROSTER after County Meet!!

Boys' 2023 Norwin XC Playoff Rosters

Varsity Roster	JV Roster
Enzo Jiancristoforo	Maerek Moennssens
Thomas Gaydos	Nicholas Patter
Luke Simpson	Atticus Knight
Mario Breauchy	Cole Kubistek
David Shepherd	Owen Turgeon
Owen Rankin	Michael Makay
Teddy Ola	Austin Hladek
Hayden Douglas	Caden Kubistek
can only run 7 runners	Richard Zula

Girls 2023 Norwin XC Playoff Rosters

Varsity Roster	JV Roster
Annie Czajkowski	Anna Rakvic
Rosemary Gaydos	Ciera Berthelsen
Anna Dansak	Kaelyn Lazar
Julia Walko	Elin Bash
Audra Fedor	Emily Schaeffer
Jillian Ryba	Alexandra Oestreich
Addie Farrah	Autumn Stoken
Emily Dansak	Megan Friday
can only run 7 runners	Lillian Chaney