

Girls Coopers Lake Course Bests 5K high school course (used since 2005 season) revised after 2017 SRU Mack Cooper Invite
10.16.2017

WPIAL/D7 meet times unless otherwise indicated

TriStates times in red (moved to Cal U 2015); *=SRU Invite times in September of the year mentioned; or 2014-2017 versions (Mack Cooper) in October

Time	Year	Athlete	School	Meet/class year if known
17:25	2014	Bri Schwarz	Shaler	1 st D7 (wpial aaa final) senior year
17:48*	2014	Bri Schwarz	Shaler	1 st SRU/MackCooper Invite senior year
17:52	2013	Bri Schwarz	Shaler	1 st D7 (wpial aaa final) junior year
17:58	2008	Natalie Bower	Latrobe	1 st TriStates senior year
18:00	2016	Clara Savchik	N Allegheny	1 st D7 AAA final (wpials)/ good conditions, cloudy, windy! jr. year
18:04*	2005	Kacey Gibson	Neshannock	1 st SRU Invite soph year
18:04	2008	Natalie Bower	Latrobe	1 st D7 (wpial aaa final) senior year
18:08	2014	M. Davidson	N Allegheny	2 nd D7 (wpial aaa final) junior year
18:10	2012	Bri Schwarz*	Shaler	1 st TriStates soph year
18:14	2007	Kacey Gibson	Neshannock	1 st D7 (wpial aa final) senior year
18:15	2008	Abby Hewitt	Latrobe	2 nd TriStates senior year
18:20	2013	M. Abdallah	Vincentian	1 st D7 (wpial a final) freshman year
18:22	2008	Jenna Gigliotti	Norwin	2 nd D7 (wpial aaa final) soph year
18:23	2008	Elaina Balouris	Hampton	3 rd D7 (wpial aaa final) junior year
18:23*	2014	Kelsey Potts	Mt. Lebo	1 st SRU Invite aaa class senior year
18:25	2008	Leslie Kovach	Norwin	4 th D7 (wpial aaa final) senior year
18:26	2009	Jenna Gigliotti	Norwin	1 st D7 (wpial aaa final) junior year
18:27*	2013	M. Abdallah	Vincentian	1 st SRU Invite freshman year
18:29	2006	Kacey Gibson	Neshannock	1 st D7 (wpial aa final) junior year
18:32	2012	Mary Malone	N. Hills	2 nd TriStates junior year
18:32	2012	Bri Schwarz	Shaler	1 st D7 (wpial aaa final) soph year
18:36	2009	Margo Malone	N. Hills	2 nd D7 (wpial aaa final) soph year
18:37	2005	Natalie Bower	Latrobe	1 st TriStates freshman year
18:37	2009	Elaina Balouris	Hampton	3 rd D7 (wpial aaa final) senior year
18:38	2014	M. Abdallah	Vincentian	1 st D7 (wpial a final) soph year
18:38	2017	Clara Savchik	N Allegheny	1 st SRU/Mack Cooper/ good conditions, sunny; senior year

18:40	2012	J. Hunsberger	Mt. Lebo	3 rd TriStates junior year
18:41	2010	Margo Malone	N. Hills	1 st D7 (wpial aaa final) junior year
18:43	2008	Chel. Sumney	Trinity	5 th D7 (wpial aaa final) senior year
18:43*	2014	M. Abdallah	Vincentian	2 nd SRU/Mack Cooper Invite soph year
18:44	2008	MJ Jakubek	Latrobe	6 th D7 (wpial aaa final) junior year
18:45	2013	Mary Malone	N Hills	2 nd D7 (wpial aaa final) senior year
18:46	2008	Kayla Keddall	Peters	7 th D7 (wpial aaa final) junior year
18:46	2009	Angelica Peck	Blackhawk	4 th D7 (wpial aaa final) junior year
18:46	2014	Kelsey Potts	Mt. Lebo	3 rd D7 (wpial aaa final) junior year
18:46	2012	Kelsey Potts	Mt. Lebo	4 th TriStates freshman year
18:47	2009	Elaina Balouris	Hampton	1 st TriStates senior year
18:47	2010	Nicole Hilton	S. Fayette	1 st TriStates senior year
18:49	2005	Kelly O'Brien	NA	2 nd TriStates senior year
18:49	2007	Natalie Bower	Latrobe	1 st TriStates junior year
18:49	2008	Elaina Balouris	Hampton	3 rd TriStates junior year
18:50	2009	Shan. Malone	N Hills	5 th D7 (wpial aaa final) freshman year
18:50	2013	Kelsey Potts	Mt. Lebo	3 rd D7 (wpial aaa final) soph year
18:51	2005	Natalie Bower	Latrobe	1 st D7 (wpial aaa final) freshman year
18:51	2007	Natalie Bower	Latrobe	1 st D7 (wpial aaa final) junior year
18:52*	2014	M. Abdalah	Vincentian	1 st SRU Invite a class soph year
18:54	2005	Diana Filtz	Penn-Traf	3 rd TriStates junior year
18:54	2008	Megan Powell	Seneca V.	8 th D7 (wpial aaa final) senior year
18:54	2009	Margo Malone	N Hills	2 nd TriStates junior year
18:54.7*	2015	M. Abdallah	Vincentian	3 rd SRU/Mack Cooper Invite jr. year
18:55	2009	Marissa Polk	Oakland Cath	6 th D7 (wpial aaa final) junior year
18:55*	2013	Alexis O'Shea	West All.	1 st SRU Invite junior year
18:56	2008	Angelica Peck	Blackhawk	9 th D7 (wpial aaa final) soph year
18:56	2012	Mary Malone	N Hills	2 nd D7 (wpial aaa final) junior year
18:57	2013	J. Hunsberger	Mt. Lebo	4 th D7 (wpial aaa final) senior year
18:58	2017	G. Labbiento	Sharon	2 nd SRU Mack Cooper Invite/ good conditions, sunny; freshman
18:58	2010	C. Lampenfeld	Oakland Cath	2 nd D7 (wpial aaa final) junior year

18:59 2008 Jolene Kunkel Knoch 4th TriStates soph year

18:59 2009 Kayla Keddall Peters 7th D7 (wpial aaa final) senior year

2015 D7 winners did not impact this list (ground soft from rains the two days before)

AAA Girls: Finikiotis (OC) 19:06, Hensler (SV) 19:22, Savchik (NA) 19:26

AA Girls: Moxie (Knoch) 19:46

A Girls: Abdallah (Vincentian Academy) 19:01, Gronbeck (Eden Academy) 19:32